



DIB-U-FIIRINTA U-BANAANAANTA

ELIGIBILITY REVIEW

Su'aalo iyo Jawaabo

Haddii ad doonaysid in lagaa caawiyo akhriska qoraalkan,
fadlan soo-dhaweyaha weydiiso gargaar.



Gargaarka Kaashka



Gargaarka Raashinka



Gargaarka Caafimaadka



Gargaarka Guud
ee Dadka Aan
Shaqayn Karin



Daryeelka Hoyga
Waayeelka ama
Nolosha la Gargaaro

Dadka oo Dadka Kale Gargaarya

S. Sidee baan u codsadaa gargaarka?

J.

- Buuxi warqadda codsiga. Gee ama boosta ugu dir xafiiska degmadaada.
- Calaamadda sax saar sanduuqa ku yaalla bogga 2 haddii ad gargaar u baahan tahay.
- Si laguugu bilaabo habka codsashada, na sii magacaaga, adreeskaaga, iyo saxeexaaga.
- Haddii aanad lahayn adrees ama ciwaan, u sheeg qofka jooga soo-dhaweynta.
- Si ad u dhameystirtid habka codsiga, buuxi boggaga 3 iyo 4.

S. Goorma ayaa gargaarku ii bilaabmi doonaa?

J.

- Wixii ah gargaarka kaashka iyo gargaarka caafimaadka, waxa faa'iidooyinka ama waxsiinta laguu bilaabi doonaa marka ad keentid dhamaan warka annu u baahan nahay si go'aan looga gaadho u-banaanaantaada.
- Wixii Gargaarka Raashinka Aasaasiga ah (Basic Food), waxa waxsiinta laguu bilaabi doonaa taariikhda ad codsiga sameysatid.

S. Ka waran haddii an isla markiiba u baahannahay gargaarka raashinka?

J.

- Buuxi su'aalaha 1 ilaa 14, ka dibna u gee soo-dhaweynta imminka. Haddii aanad joogin xafiiska degmada, codsigan waxa ad ku soo diri kartaa boosta ama ad keeni kartaa xafiiska degmada.

Waxa dhici karta in gargaarka raashinka lagugu siyo shan (5) cisho gudahood laga bilaabo taariikhda annu helo codsiga:

- Haddii ad muujisid cadaynta aqoonsigaaga ama waraaqahaaga sharciga; **iyo**
- Haddii u gurigaaga dhaqaalihiisu ama helitaankiisu yaryahay; **ama**
- Haddii gurigaaga dhaqaalihiiisa iyo helitaankiisu aanay ku filnayn iskudarka lacagta kirada guriga bishii iyo kharashka adeegyada hoyga sida korontada; **ama**
- Haddii u gurigaaga joogo qof ah soo-galeeti sabool ah ama shaqaale beereed xilliyada qaar shaqayn.

S. Ma heli karaa war iyo adeegyada sii-gudbinta?

J.

Haddii aan dhaqaalaahaagu dhaafsanayn dadka dhaqaalaaha guud ee la oggol yahay (WAC 388-478-0060), waxa laguu oggol yahay inad isticmaashid warkayaga iyo rugtayada sii-gudbinta ee internetka ee la yidhaahdo Xafiiskaaga Adeegyada Beesha (*Your Community Services Office*) si lagaaga caawiyo helista adeegyada adiga iyo qoyskaagu ad u baahan kartaan. Rugtaa internetka waxa ku yaalla war ku saabsan barnaamijaya wasaaradda iyo adeegyada beesha ee ad ka faa'iideysan kartid. Si ad u isticmaashid rugtaa internetka, tag adreeskan internetka adiga oo isticmaalaya kombiyuutar gali kara internetka: <https://wws2.wa.gov/dshs/onlinecs>

War Muhiim ah oo ku Saabsan Sharcigaaga Imigarayshanka/Daganaanta iyo Lambarka Sugidda Bulshada (Sooshiyal)

- Qoyskaaga qaar ka mid ah ayaad gargaar u codsan kartaa in la siyo xiitaa haddii xubno qoyskaaga ka tirsani aanay u banaanayn in wax la siyo iyadoo sababtu tahay xaaladooda imigarayshanka ama sharicga daganaanta wadanka. Gobolka Washington waxa u leeyahay barnaamijyo caafimaad oo loogu talogalay dadka aan lahayn lambarka sugidda/sooshiyalka ama sharciga daganaanta wadanka/imigarayshanka.
- Haddii ad u baahantahay lacag (kaash) ama gargaar raashin ah, waxa lagaa rabaa inad keentid Lambarada Sugidda (Social Security) ama sharciga imigarayshanka dadka ad wax u codsanaysid kaliya. Waxa dhici karta in ad si ikhtiyaar ah u bixisid Lambarkaaga Sugidda/Sooshiyalka, waxana annu u isticmaali doonaa kaliya in annu soo xaqijino warka annu u baahannahay ee lagu gaadho u-banaanaanta, sida dhaqaalaaha ku soo gala oo kale. Haddii ad dooratid in aanad bixin Lambarkaaga Sugidda/Sooshiyalka ama sharciga imigarayshanka, waa in la soo xaqijijo dhaqaalaahaaga iyo meelaha wax kaa soo galaan haddii loogu baahan yahay go'aan ka-gaadhista u-banaanaanta.

Wasaaradda Beeraha ee Maraykanku (U.S. Department of Agriculture - USDA) waxay dhamaan barnaamijadeeda iyo hawlaheeda ka mamnuucday takoorista ku salaysan jinsi, midab, lab iyo dhedig, diin, asal wadan, ama ra'yi siyaasadeed. Dadka qaba naafada ee u baahan hab kale oo lagu gaadhsiiyo warka barnaamijka (Farta Indhoola/Braille, far waaweyn, cajalad hadlaysa, iwm.) waa inay la soo xidhiidhaan Xarunta TARGET ee USDA, lambarkuna waa (202) 720-2600 (codka iyo maqal-laawaha/TDD). Si ad u xareysatid dacwad ku saabsan takooris, warqad u soo qoro Maamulaha, Xafiiska Xuquuqda Shacabka: USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 14th and Independence Avenue S.W., Washington, D.C. 20250-9410 ama soo wac (202) 720-5964 (codka iyo maqal-laawaha/TDD). USDA waa shaqo iyo adeeg bixiye ku shaqeeya fursad loo wada siman yahay.



* 1 4 0 7 8 *

DIB-U-FIIRINTA U-BANAANAANTA



Haddii ad doonaysid in lagaa caawiyo akhriska qoraalkan,
fadlan soo-dhaweeyaha weydiiso gargaar.

FOR OFFICE USE ONLY

DATE
RECEIVED

INITIALS

1. MAGACA HORE DHEXE XARAFKA HORE MAGACA DAMBENAME SAXEEXA (WAA LA RABAA)				2. LAMBARKA AQOONSIGA MACMILKA (CLIENT ID) (HADDII LA YAQAANO)	
3. CINWAANKA/ADREESKA AD KU NOOSHAHAY		MAGAALO	GOBOL	FURAHA BOOSTA/ZIP	
5. CINWAANKA/ADREESKA WARAAQUHU KUUGU YIMAADAAN (HADDUU KA SARE KA DUWAN YAHAY)		MAGAALO	GOBOL	FURAHA BOOSTA/ZIP	
9. Waxan codsanayaa (sax saar inta ku khusaya): <input type="checkbox"/> Kaash <input type="checkbox"/> Daryeelka Hoyga Waayeelka <input type="checkbox"/> Wax kale (fadlan sheeg): _____ <input type="checkbox"/> Raashin <input type="checkbox"/> Ka-daweynta Daroogada iyo Alkolada <input type="checkbox"/> Caafimaad <input type="checkbox"/> COPES (Nolosha la Gargaaro ama Daryeelka Guriga Dhexdiisa)					
10. Lacag intee leeg ayaad filaysaa in qoyskaagu helo bishan: \$ _____					
11. Lacag intee leeg ayaa qoyskaagu ka haystaa kaash ah iyo lacag bangi ku jirta: \$ _____					
12. Immisa ayuu qoyskaagu ka bixiyaa kirada guriga ama daynta guriga: \$ _____					
13. Waa maxay adeegyada qoyskaagu kharashkooda bixiya: <input type="checkbox"/> Kulaylinta/qaboojinta guriga <input type="checkbox"/> telefon <input type="checkbox"/> wax kale: _____					
14. Ma jira qof qoyskaaga ka tirsan oo ah shaqaale sannadkii xilli shaqeeya xillina aan shaqeyna ama ah shaqaalaha wareega ee beera? <input type="checkbox"/> Haa <input type="checkbox"/> Maya					

FOR OFFICE USE ONLY - Household eligible for expedited service: Yes No **Screener's Initials:** _____ **Date:** _____

15. Waxan u baahannahay waraysi tilfoonka la igula yeesho sababta oo ah waxan ahay: <input type="checkbox"/> waayeel <input type="checkbox"/> naafu <input type="checkbox"/> shaqaale <input type="checkbox"/> dib kale: _____					
16. <input type="checkbox"/> Waxan u baahannahay turjubaan. _____ ama <input type="checkbox"/> af-dhagoole; waxan doonayaa in waraaqaha la ligu soo qoro: _____					
17. Haddii ad codsanayisid gargaar raashin ah, immisa qof oo gurigaaga jooga ayaad cuntada u soo iibisaa una diyaarisaa?					
18. Soddonkii (30) cisho ee tagay gudahood, waxan kaash, raashin, ama gargaar caafimaad ka helay gobol ama meel kale: <input type="checkbox"/> Haa <input type="checkbox"/> Maya					
19. Aniga ama qof an wax u codsanayo ayaa lagu xukumay dambi la xidhiidh daroogo ka dib 21 Bishii Sideedaad 1996: <input type="checkbox"/> Haa <input type="checkbox"/> Maya					
20. Aniga ama qof an wax u codsanayo ayaa ku jira baxsi u sharciga ka baxsanayo si aan loo geyn maxkamad ama xabsi dambi daraadeed <input type="checkbox"/> Haa <input type="checkbox"/> Maya					
21. Aniga ama qof gurigayga ka tirsan ayaa leh ama ayay haysataa (sax saar dhamaan inta ku khusaya): <input type="checkbox"/> Uur, umusheeduna ku aadan tahay qiyaastii: _____ <input type="checkbox"/> Dhib caafimaad oo degdeg ah <input type="checkbox"/> Ogeysiis ka-saaris guri <input type="checkbox"/> Ka-jaris koronto ama shidaal ama aan haysan kulayl guri <input type="checkbox"/> Xaalad dilis/budhcadnimo guriga dhexdiisa ah <input type="checkbox"/> Naafu (sheeg nooca): _____					
22. Warkan soo socdaa waa ikhtiyaar loo mana isticmaali doono go'aan ka-gaadhistaa gargaarka ad codsatay.					
Asalkayga jinsi waa Isbaanish ama Laatiino: <input type="checkbox"/> Haa <input type="checkbox"/> Haa Waxan ka soo qaadaya in jinsigayu yahay (sax saar dhamaan inta ku khusaya): <input type="checkbox"/> Cadaan					
<input type="checkbox"/> Madow ama Afrikaanka-Maraykanka <input type="checkbox"/> Dadka Aasiya <input type="checkbox"/> Dadka Haawaay ama Jasiiradaha Kale ee Baasifiga					
<input type="checkbox"/> Hindida Maraykanka ama Dadkii Hore ee Alaska; magaca qabiilka: _____ <input type="checkbox"/> Dad kale (qor): _____					

23. Qor qof kasta oo gurigaaga ka tirsan xiitaa haddii aanad wax u codsanayn (ku soo dar waraaqo dheeraad ah, haddii loo baahdo).

MAGACA (HORE, DHEXE, DAMBE)	QOFKAN MAXAA ISU TIHIIN?	MA GARGAAR BAAD U CODSANAYSA A IN QOFKAN LA SIYO? HAA MAYA	TAARIKH DHALASHO	MA-CODSADEYAASHA QASAB KUMA AHA			LAB AMA DHEDIG (L AMA DH)
				DHALASHO MARAYKAN? HAA MAYA	HADDII ANUU DHALASHO MARAYKAN HAYSAN, MA JIRTAA WARQAD MUUJINAYSA QOFKA SHARCIGA U WADANKA KU JOOGO? HAA MAYA	LAMBARKA SUGIDDA/SOOSHIYALKA	
	Naftayda	<input type="checkbox"/> <input type="checkbox"/>		<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/>		
		<input type="checkbox"/> <input type="checkbox"/>		<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/>		
		<input type="checkbox"/> <input type="checkbox"/>		<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/>		
		<input type="checkbox"/> <input type="checkbox"/>		<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/>		
		<input type="checkbox"/> <input type="checkbox"/>		<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/>		
		<input type="checkbox"/> <input type="checkbox"/>		<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/>		
		<input type="checkbox"/> <input type="checkbox"/>		<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/>		
		<input type="checkbox"/> <input type="checkbox"/>		<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/>		
		<input type="checkbox"/> <input type="checkbox"/>		<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/>		



I. War Guud

- Qof kasta oon wax u codsanayo waxa uu ku noolyahay Gobolka Washington: Haa Maya Haddaad haa tidhi, ilaa goorma, (qor taariikhda): _____
- Aniga ama qof ka tirsan gurigayga ayaa ah qof sharciga qof kale u soo saaray oo la keenay wadanka (sponsor): Haa Maya
- Qof ayaa si ku-meel-gadhsii ah gurigayga uga maqan: Haa Maya Haddaad haa tidhi, waa kuma (qor): _____
- Aniga ama qof gurigayga ka tirsan ayaa ah sooyaal ciidan ama qof ka fadhiistay militariga ama ah xaas/nin qof ah sooyaal ciidan ama qof weheliya oo u masruufo sooyaal ciidan (mid nool ama geeriyooydayda): Haa Maya
- Waxan ku noolayahay: Gurigayga ama abaarmankayga Hoy Qoys Dad Waaweyn Hoy Koox
 Goob caafimaad (sheeg nooca meesha): _____ Meel kale: _____
- Waxan ahay qof ah: Kaligay xaas/nin leh Qof isfureen Qof kala maqanyihiin Laga dhintay

II. Warka Caafimaad iyo Caymiska Caafimaadka

Anniga ama annaga (sax saar sanduuqa haboon):

- Waxa i haysta ama na haysta dhibaatooyin caafimaad oo ii (noo) diidaya shaqada Haa Maya
- Waxan hayaa kharash/biilal dhakhtar aan la bixin Haa Maya
- Waxan gargaar ugu baahannahay kharashka dhakhtarka aan la bixin oo ah saddexdii bilood (3) ee tagay Haa Maya
- Waxan ku talojiraa galista, ama ku jiraa, ama dhawaan ka soo baxay xarun caafimaad (sida cisbitaal ama hoy waayeel) Haa Maya
- Waxan haystaa caymiska/kaadhka caafimaadka (ay ku jirto 'Tricare' ama Caymiska Daryeelka Mudada Dheer 'Long-Term Care Insurance') Haa Maya
- Waxan haystaa Medicare (FIIRO: Taasi Iama mid ah haysashada kuuboonka caafimaadka 'medical coupons') Haa Maya
- Waxa igu/nagu dhacay shil u baahan daryeel caafimaad Haa Maya

III. Maal

Looma baahna inaad buuxisid qaybtan haddii ad codsanaysid KALIYA Caafimaadka Caruurta (Children's Medical) ama Caafimaadka Uurka (Pregnancy Medical).

Marka lagu daro waxyabaha hoos ku qoran, wixii kale ee ah maal ama illo dhaqaale waxa ka mid ah lacagta kaashka ah, lacagta dad kale kuu hayaan, iibinta qandaraaska ah, xoolaha nool, midhaha beeraha, iyo qalabka ganacsiga.

- Anniga, xaaskayga/ninkayga, ama qof an wax u codsanayo ayaa leh maal ama illo dhaqaale: Haa Maya Haddaad haa tidhi, fadlan hoos ku qor:

NOOCA MAALKA	YAA ISKA LEH MAALKA?	HALKEE MAALKU YAALLA? (SIDA, MAGACA BANKI)	TIRADA AMA QIIMAHA	YAA ISKA LEH MAALKA?	HALKEE MAALKU YAALLA? (SIDA, MAGACA BANKI)	TIRADA AMA QIIMAHA
Xisaab bangi nooc jeeg			\$			\$
Xisaab bangi nooc dhigaal ama isbahaysi dhaqaale (Credit Union)			\$			\$
Xisaab CD ama suuq lacageed 'money market'			\$			\$
maal u-sii-hayn ah ama dulsaar sannadeed			\$			\$
Maal saami ama qayb ah, ama la wadaleeyahay			\$			\$
Lacag Duqnimo (benshan) ama IRA			\$			\$
Lacag, qorshe, ama dhul aasid/duugis loo haysto			\$			\$
Caymiska Nafta			\$			\$
Maal guri ah			\$			\$
Maal kale:			\$			\$
Maal kale:			\$			\$

- Anniga, xaaskayga/ninkayga, ama qof an wax u codsanayo ayaa maal iibiyay, badashay ama doorsaday, ama bixiy shantii (5) sannadood ee ugu dambaysay (taasoo ay ku jirtogudbinta maal u-sii-hayn ah ama maal dhul ah): Haa Maya Haddaad haa tidhi, waa maxay: _____ Goorma: _____

- Anniga ama qof an wax u codsanayo ayaa haysta gaadiidkan soo socota (ku dar baabuur weyn, faan, doon, iyo isjjid):

SANNADKA (SIDA 1980)	NOOCA/SAMAYSKA (SIDA FORD)	NOOCU KA SII YAHAY (SIDA ESCORT)	GAADIIDKANI MA KIRAA?	ANNIGU(ANNAGU) WAXAN U I STICMAALAA AMA ISTICMAALNAABAAABURKAN ULAJEEDOOYIN CAAFIMAAD	ANNIGAA (ANNAGAA) WALI ISKA LEH BAABURKAN.
			<input type="checkbox"/> Haa <input type="checkbox"/> Maya	<input type="checkbox"/> Haa <input type="checkbox"/> Maya	<input type="checkbox"/> Haa <input type="checkbox"/> Maya
			<input type="checkbox"/> Haa <input type="checkbox"/> Maya	<input type="checkbox"/> Haa <input type="checkbox"/> Maya	<input type="checkbox"/> Haa <input type="checkbox"/> Maya



IV. Dhaqaalaha

1. Anniga, xaaskayga/ninkayga, ama qof an wax u codsanayo ayaa leh dhaqaale soo gala: Haa Maya Haddaad haa tidhi, fadlan buuxi qaybtan:

MAGACA SHAQADA IYO TILIFOONKOODA	TIRADA GUUD EE LA QAATAY (TIRADA OO CASHUURTA GOYNTEDA KA HORAYSA) \$ _____ walba: <input type="checkbox"/> Saacad <input type="checkbox"/> Todobaad <input type="checkbox"/> Labo Todobaad		
Shaqadani ma iskaa u shaqayso baa? <input type="checkbox"/> Haa <input type="checkbox"/> Maya	<input type="checkbox"/> Laba jeer bishii <input type="checkbox"/> Bishii Saacadaha la shaqeeyay todobaadka: _____		
Ayaa dhaqaalaha soo shaqeeyaa:	Maalmaha bixinta mushaharka (sida, 1-da, 15-ka, ama Jimce kasta): _____		
MAGACA SHAQADA IYO TILIFOONKOODA	TIRADA GUUD EE LA QAATAY (TIRADA OO CASHUURTA GOYNTEDA KA HORAYSA) \$ _____ walba: <input type="checkbox"/> Saacad <input type="checkbox"/> Todobaad <input type="checkbox"/> Labo Todobaad		
Shaqadani ma iskaa u shaqayso baa? <input type="checkbox"/> Haa <input type="checkbox"/> Maya	<input type="checkbox"/> Laba jeer bishii <input type="checkbox"/> Bishii Saacadaha la shaqeeyay todobaadka: _____		
Ayaa dhaqaalaha soo shaqeeyaa:	Maalmaha bixinta mushaharka (sida, 1-da, 15-ka, ama Jimce kasta): _____		

2. Anniga, xaaskayga/ninkayga, ama qof an wax u codsano ayaa shaqo ka tagay 60-kii cisho ee tagay gudahood. Haa Maya

3. DHAQAALE KALE	YAA DHQAALUHU SOO GALAA?	TIRADA GUUD BISHII	YAA DHQAALUHU SOO GALAA?	TIRADA GUUD BISHII
Gargaarka shaqo-la'aanta		\$		\$
Sugidda Bulshada (Social Security)		\$		\$
Sugidda Bulshada ee Kabista ah (Supplemental Security Income – SSI)		\$		\$
Masruufka Ilmaha ama masruufka xaaska/ninka		\$		\$
Hawlgb am shaqo-ka-fiidhiisi (Benshan)		\$		\$
Maamulka Sooyaalka Ciidanka (Veterans Administration – VA) ama militariiga		\$		\$
Shaqada iyo Warshada (Labor and Industries – L&I) ama faa'iidooyin caymis		\$		\$
Maal sii-hayn ah ama dulsaar sannadeed		\$		\$
Wax kale:		\$		\$

V. Kharashka Bishii

KIRADA	DAYNTA GURIGA	KIRADA MEEL	CAYMISKA MULKIILAYAASHA GURYAHAA	CASHUURAHAA GURYAHAA	QIIMAYNTA GURIGA
\$	\$	\$	\$	\$	\$

Adeegyada guriga (sax saar dhamaan inta ku khusaysa): Laydhka/Korontada (ma aha kulaylk) Tilifoon Kulaylk (gaas, koronto, saliid) Biyo, bulaacad, qashin/xashiish

Qof ama hay'ad kale ayaa iga caawiya bixinta qayb ama dhamaan kharashka gurigaya: Haa Maya

Haddaad haa tidh, kuma: _____ Nooca kharashka: _____ Qadarka ay kaa bixiyaan: \$ _____

Anniga (annaga) ayaa bixiya ama bixina ama laga raabaa inu bixiyo (sax saar dhamaan inta ku khusaysa):

<input type="checkbox"/> Sii-haynta ilmaha ama qof masuul laga yahay	Qadarka bishii: \$	Yaa bixiya:
<input type="checkbox"/> Masruufka Ilma	Qadarka bishii: \$	Yaa bixiya:
<input type="checkbox"/> Kharashka/biliasha caafimaadka	Qadarka bishii: \$	Yaa bixiya:

CADATA IYO SAXEEXA

Waan arkhriyay (waa la ii sharaxay) xuquuqdayda iyo waajibaadkayga waana la i siiyay nuqluka ama koobiga Xuquuqda Macmiilkha iyo Waajibaadka, DSHS 14-113(X). Waa inan u soo sheego wixii isbadal ah sida ay qaybto rabto. Waa inan keeno cadayn sheegaysa in gargaarku ii banaanyahay. DSHS ayaa iga caawin karta sidii an u heli lahaa cadaynta uma ugala xidhiidhi lahaa dad ama hay'ado kale. Marka an qaato Gargaarka Ku-meel-gaadhsaaka ah ee Qoysaska Baahan (Temporary Assistance to Needy Families – TANF) ama gargaar daryeel caafimaad, waxan ku wareejiyay xuquuqda qaarkood ee ku saabsan daryeelka sii-haynta ilmaha ama caafimaadka Dawladda Gobolka Washington. Marka an codsado (ama annu codsano) in la i siyyo (ama nala siyyo) gargaarka daryeel caafimaad, waxan ku wareejinayaa (ama annu ku wareejinaynaa) Gobolka Washington xuquuqdayda (ama xuquuqdayada) taageerada daryeel caafimaad iyo wixii ah lacag-bixin ay cid kale iga binayiso ee loogu talogalay daryeel caafimaad si loogu bixiyo kharashka adeegyada caafimaadka ee yimaada mudada lagu siyyo gargaarka daryeel caafimaad. Waxan cadaynayaa anigoo og in la igu qaadi karo dambi been-sheegid ah in warka an codsigan ama arjigan ku bixiyay yahay mid ah run, sax oo buuxa intii an ka warqabo ama ogaalkay. Waxan garanayaa in dambi la igu qaadi karo haddii an si khalad ah u qaato lacag ama kaash, raashin, ama gargaar caafimaad iyadoo sababtu tahay in an si kas ama ogaan ah u sheegay hadal been ah ama si kas ama ogaan ah uga baaqday in an soo sheego wax la iga rabay in an soo sheego. Haddii Raashinka Aasaasiga (Basic Food) la codsanayo waxa kaliya ee saxeexi doona codsadaha. Haddii la codsanayo lacag ama kaash iyo gargaar caafimaad, dhamaan xubnaha qoysku ama dadka gurigu waa inay wada saxeexaan.

SAXEEXA CODSADAHA	TAARIKH	SAXEEXA CODSADAHA KALE EE QOF WEYN AH	TAARIKH
SAXEEXA GARGAARAHAA AMA WAKIILKA	TAARIKH	SAXEEXA MARKHAATIGA HADDII LAGU SAXEEXAY ISKU-TALAAB "X"	TAARIKH

